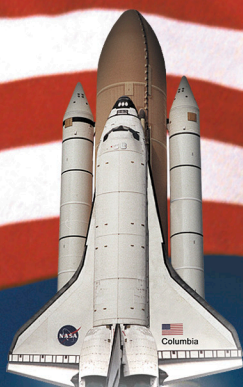
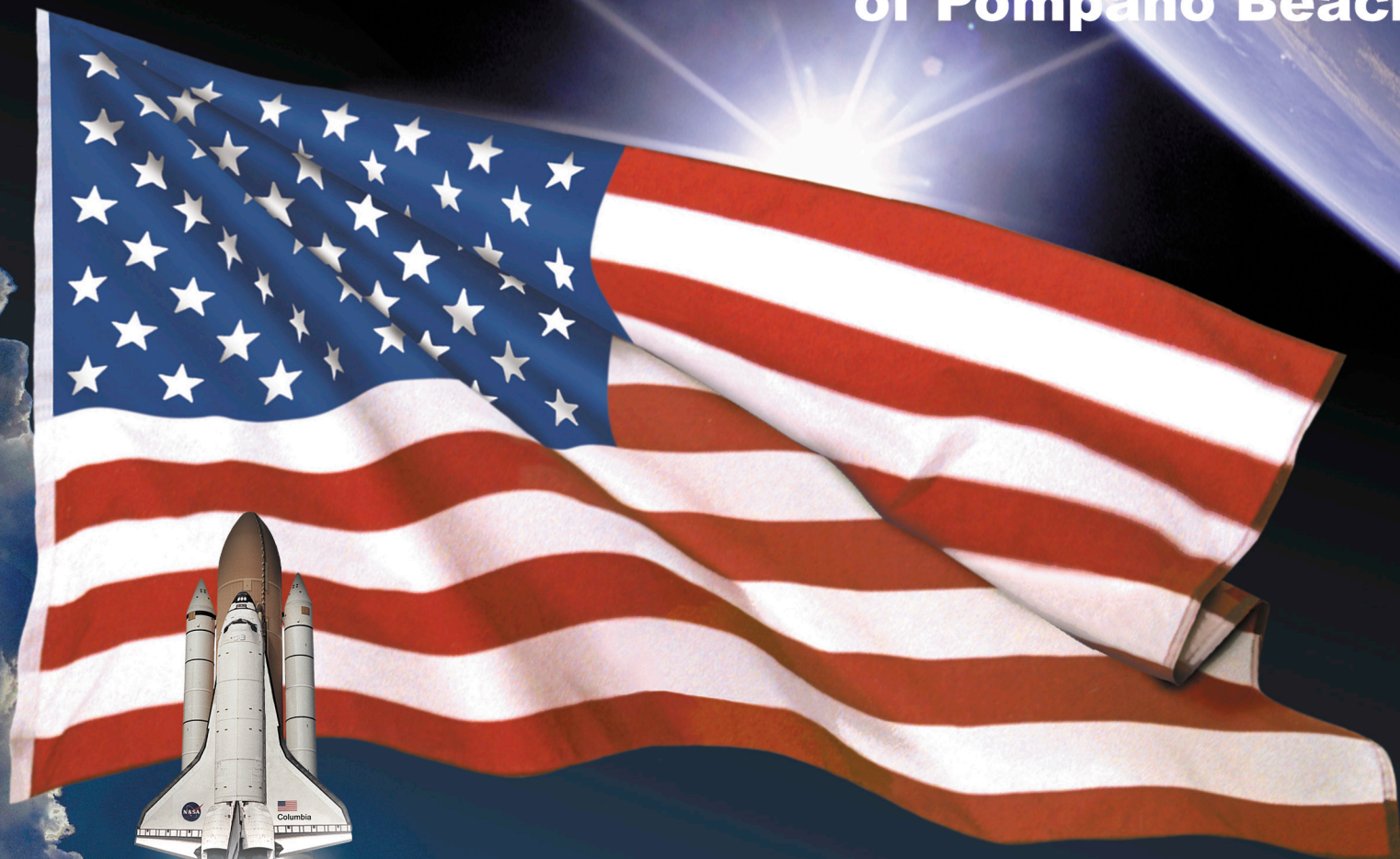


AN OFFICIAL PUBLICATION OF THE CITY OF POMPANO BEACH

Volume 3, Number 3

# TRADE WINDS

of Pompano Beach



A Tribute to our NASA Heroes



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Four -year-old Delaney O'Connor enjoys Yuletide on the Atlantic with Mr. Mouse.  
For more photos of the holidays, see page 6-7.

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### **Hurricane Wilma Debris Removal**

Many of us had a tough time getting back on track after Hurricane Wilma and the city was no different. See how the city successfully handled the biggest debris operation in our history.

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### **Sun'n Fun Activities**

The City of Pompano Beach Parks and Recreation Department highlights up-and-coming programs and events. Find out what interests you and your family.

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### **A Pictorial View of the Holidays**

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When citizens think of community revitalization, many questions come to mind like what is a CRA? What do they do? Where are the boundaries? What types of projects are underway? This article answers those questions and summarizes activities underway in the Northwest Area CRA.

## **POMPANO BEACH CITY COMMISSION**

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## Hurricane Wilma Debris Removal - October 27 to December 23



by **DC Maudlin, Jr.**  
**Public Works Director**

Our first indication that Hurricane Wilma might impact South Florida and more specifically, Pompano Beach came about mid week, October 19th. Not usually concerned about storms to the west, the remarkable growth and devastating impact on the Yucatan Peninsula, though carefully monitored, for most stirred only slight concern. Many became interested when Wilma began to make the sharp turn to the northeast. Still, many took comfort in the predictions for weakening and the buffer provided by the western coast and everglades. By late Saturday, even though forecast reports emphasized the wide range of possibilities, we were hopeful of a low end category 1 hurricane and perhaps only a tropical storm. One unavoidable prediction, Pompano Beach lay directly in Wilma's path.

Sunday evening Public Works employees reported to four different fire stations to ride out the storm. They reported to the fire stations so that they would be strategically placed in every area of the city. Teams of two employees with a front-end loader and a dump truck, with assistance from the Fire Department and BSO personnel, worked to keep roads and intersections open as long as weather permitted. When they could no longer work safely, they returned to the fire station until the storm passed. Immediately after the winds subsided, several teams of firefighters, BSO deputies and public works personnel cleared priority routes and assessed damage.

Early reports dispelled any remaining doubts; Wilma had come and gone with a vengeance. We had been on the periphery of Francis, Jeanne and Katrina; however Hurricane Wilma came down Atlantic Boulevard. It was also clear that while Wilma was not a category 4 or 5 in the image of Katrina or Rita, she was not a low end category 1 storm either. We had been battered by a powerful storm.

Experience with Francis and Katrina taught us that estimating debris, trying to guess how much damage has been done and quantifying it into a measured volume, is difficult to say the least. Our initial estimate of Francis debris was 50,000 cubic yards; the actual amount was 35,000 CY (for a reference, your household washer and dryer are approximately one cubic yard each). We estimated 15,000 CY for Katrina; the actual amount was 29,000 CY. We knew very early on that Wilma produced significantly more debris than Francis. Our initial estimate was 200,000 CY and that estimate was increased to 400,000 CY after a few days.

Debris removal operations are, by economic necessity, conducted in accordance with FEMA debris removal guidelines. Our experience has been that debris removal is the largest single element of hurricane recovery costs. The city's claim from Hurricane Francis was \$1.2 million; of that amount \$800,000 was for debris removal. We have estimated the Wilma recovery costs at \$13 million and approximately \$10 million of that will be spent on debris removal. Most of the costs are reimbursable either from FEMA or through the State. However, in order to be eligible for reimbursement, the debris removal operations must be carefully documented.

The removal operations are planned and executed to satisfy FEMA eligibility requirements. A key element of our ability to respond in a timely manner is utilization of a debris removal contractor. The city has a competitive bid contract for debris removal with one of the largest firms specializing in this type work. This "pre-event contract" was awarded based on competitive analysis during non-crisis or emergency conditions. When activated, the contract provides for collection, temporary storage, reduction and final disposal of debris. Prices for these tasks are established by the contract and have been accepted by FEMA debris specialists as representative of the fair market price for these services. The contract gives us the ability to expand our debris collection capability to meet the demands of any storm.

Monday afternoon, as the winds from Wilma subsided, city crews began to clear blocked roads and intersections. We had reports of 57 blocked intersections; we found many more as crews worked their way around the city. Fifteen crews worked for 4 days to get roads opened to at least single lane flow of traffic. At the same time, the debris contractor was mobilizing crews and equipment to begin debris removal. The first debris removal trucks arrived Wednesday afternoon from Wisconsin via Louisiana. Debris removal began Thursday morning, October 27th.

Before a truck can begin collecting debris, it must be certified. Certification includes measuring the haul capacity of the truck in cubic yards, identifying the owner company, driver, registration information and assigning it a certification number. An 18"x18" placard listing critical information is attached to the cargo bed. The certification document is completed by a city employee and signed by the contractor and the driver indicating their agreement with the capacity calculation. Later the certificates are included with our documentation package sent to FEMA, and they are subject to verification during the audit process. We certified 158 trucks and/or trailers during Wilma debris removal.

Once the truck is certified, it is assigned to a monitor and given an area to begin collecting debris. We found during Francis, and have confirmed again with Wilma, monitors are the key to a successful debris removal operation. I cannot overstate how important this small group of dedicated employees have been in this operation. Winston Churchill's observation regarding the RAF during the Battle of Britain, "never have so few, done so much, for so many" is also appropriate when describing the contribution debris monitors made to this clean-up effort.

Their job was to document where, when, and by who each load of debris was collected. One of our 24 monitors recorded where and when each of the 10,700 truck loads was loaded, when it left the neighborhood to dump its load and when it returned to get the next load. Removal operations began October 27th and continued from daylight to dusk seven days a week until we stopped for Thanksgiving break on November 24. After the holiday, we continued 6 days/week through December 16th. Monitors planned collection routes, guided trucks through neighborhoods, responded to citizen concerns, reported damage,





swept streets and directed traffic through 44 days of demanding operations.

Monitors prepare a load ticket for each load of debris collected. The ticket is given to the truck driver when he/she has a full load and is taken to the Temporary Debris Storage and Reduction Site (TDSRS). The driver presents the load ticket to the monitor in the "tower" at the TDSRS. This monitor, perched high above the truck, looks into the cargo area and makes a determination of how much of the available capacity is actually used. The tower monitor determines a percentage of capacity utilized and records that percentage on the load ticket. The contractor is paid based on the tower monitor's determination of how many cubic yards are in the truck. Trucks are not just assumed to be 100% full. On peak days there were approximately 80 trucks/trailers working throughout the city.

Operations at the TDSRS are a marvel of their own. On peak collection days as many as 450 truck loads of debris were brought to the TDSRS. Debris piles grew to 20 feet high, 100 feet wide and several 100 feet long. The 10-acre site was covered with debris. The debris surrounded a huge, diesel-guzzling tub grinder, which was being fed by four mammoth trakhos and three large front loaders. These machines fed the hungry grinder at a rate of 10,000 cubic yards of debris per day. The grinder spewed a steady stream of mulched debris out its discharge chute where a Cat D6 bulldozer worked the growing mulch pile. Although sometimes hard to appreciate up close, the magnitude and efficiency of the operation was impressive. To date, 12/16, our contractor has collected 418,862 CY of debris and hauled 104,777 CY of mulch to the final disposal site.

Few of us will not forget Hurricane Wilma anytime soon. Neither should we forget the efforts of those who cleaned up the debris she left behind. A pre-event contract with a reputable debris removal contractor, dedicated selfless service from a marvelous group of monitors, city crews dedicated to restoring normalcy and, most importantly, the support and understanding of patient citizens made this a successful operation.



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## *Hurricane Wilma and our Pets*

The most frequently asked question of Animal Control Officers since Hurricane Wilma has been, "How did the animals in our city fare?" The answer is...great! The City of Pompano Beach Animal Control Division spent many hours in preparation for a storm like Wilma and thankfully did not have to implement the worse case scenario.

We executed a No Questions Asked Return Policy for two weeks with great success. Most pet owners checked after the storm to see if they had a fence standing before they let the dog out. Most of the dogs that did get out were returned by neighbors. The ones that we picked up were held as long as possible before transporting to Broward County Animal Care and Regulation. If owners called during or after the dog was transported, we brought them back, even if it meant going back out to the shelter and getting them at no charge.

The Animal Control Division recognizes that after an event like Wilma, everyone has to pull together for the greater good of the community. My thanks go out to the compassionate residents of Pompano Beach that took in pets while owners were recovering from the storm. An example of this compassion is a woman who brought in a cat that lived under her bed for days. She waited for an owner to surface and when that didn't happen she personally adopted the cat. There were others that brought in dogs and then took them home and cared for them for weeks while the owner got their life back together. There were people that took animals to local veterinarians and paid for emergency care with no expectation of reimbursement. Most people that found pets did not insist Animal Control come get the animal, but described the pet they found and let us know that they would be providing care and control of that pet until an owner came forward.

Thankfully, we did not have the floods of Hurricane Katrina or the destruction of Hurricane Andrew, but we did learn a little more than we knew before Hurricane Wilma. Here are some good ideas for preparation for the next hurricane season.

- Identification tags are the most important item for your pet. Rabies tag information could not be recovered for weeks after the storm. Micro chip information had similar problems. There was no telephone service nor electricity to run computers for research. Pets with ID tags were returned to their owners immediately.
- Obtain an alternate method of securing your pet. I am not an advocate of chaining dogs, but in extreme circumstances in an emergency, a secure base is essential.
- Have enough food, water and medicine for a minimum of a month. Just think about how long it took to get gasoline or water and ice for humans.
- Be prepared to take your pet with you during an evacuation. Most shelters do not take pets.

Category five storms like Hurricane Andrew do not leave much of what we remember of home. Fortunately, we did not have to test our Animal Control Hurricane Plan on Wilma. If the meteorologists are right and we are going to continue to have more major storms in South Florida, we have to prepare and that means including our beloved pets.



*by David Aycock*  
**Animal Control Officer**







# Healthy Sleep Habits Can Help Start The New Year Sensibly

The dangers of sleep deprivation came to the forefront recently, when a passenger bus drifted off a freeway, rolled and then slid at least 100 yards on its side before hitting a tree.

As the New Year gets underway, re-adjusting to changes in routines, resuming hectic schedules and coping with the day-to-day stresses of balancing work and home life are among the factors that affect sleep hygiene.

"Sleep deprivation is a serious condition. It's often related to a sleep disorder, which usually is treatable," according to Darren S. Hoffberger, D.O., Diplomate of the American Board of Sleep Medicine. "Often times, sleep conditions are overlooked. People don't pay attention to their body's warning signs when they are getting sleepy. This can lead to deadly accidents which are often preventable. Some major events in history have been at least in some part due to sleepiness and sleep deprivation, including the Exxon Valdez oil spill, the Challenger disaster, the Three Mile Island and Chernobyl nuclear disasters, and the deadly gas leak in Bhopal, India."

To avoid dangerous situations, Hoffberger recommends the following "Rules for Better Sleep Hygiene":

1. **Avoid temptation:**  
Don't consume alcoholic beverages in order to fall asleep more easily. Sleep becomes fragmented after doing this.
2. **Keep moving:**  
A steady daily amount of exercise has been shown to deepen sleep.
3. **Watch the clock:**  
A regular arousal time in the morning strengthens circadian cycling, leading to a more consistent time for the onset of sleep each night.
4. **Don't overdo it:**  
Spending excessively long times in bed seems related to fragmented and shallow sleep. By limiting the time in bed, sleep can be solidified sleep. In other words - sleep as much as needed to feel refreshed and healthy - but no more.
5. **Try this:**  
A diversion often is the best medicine for people who become frustrated when they can't sleep. Trying harder to fall asleep often results in anxiety and even anger. Instead, turn on a light, and turn your attention to an alternate task.
6. **Sometimes, not all the time:**  
On occasion, medication to assist with sleeping may be of some benefit. However, chronic use is ineffective in most insomniacs.
7. **Too hot? Too cold? Just right...**  
Did you know that excessively warm rooms disturb sleep, and that there is no evidence that a cold room solidifies sleep? Keep room temperatures moderate.
8. **Tasty tip:**  
A grumbling stomach may disturb your sleep. To avoid interrupted sleep due to hunger, try a light snack before bed.
9. **Hold the coffee - and the chocolate, too:**  
Caffeine in the evening disturbs sleep in most people - even in those who are not conscious of this. Tea contains caffeine, as does many foods, such as chocolate. They should be avoided near bed-time.
10. **Where there's smoke...**  
Although smokers often are unaware of this, chronic use of tobacco disturbs sleep.
11. **Noise matters:**  
Whether or not you are conscious of occasional loud noises, such as airplanes flying overhead, they do disturb sleep - even in people who are not actually awakened by the noises, or who don't remember them in the morning. If you sleep in an area prone to these conditions, sound-attenuated bedrooms may offer a solution.



# Sun 'n Fun Guide

## PARKS AND RECREATION DEPARTMENT

### What's inside...

Happy New Year! In 2006 you will see many improvements to various City Parks. The Community Park project phase one is currently under way and will be completed in February 2006. The project includes many items such as renovation of the basketball court, jogging trail resurfacing, placement of new equipment along the jogging trail, construction of two new parking areas, landscaping along with many improvements to the tennis courts and Tennis Center. We plan to implement phase 2 of the Community Park project in February 2006 this phase consist of ball field and playground improvements. The Park renovations will be gradually completed over a three to four year period. We encourage residents to continue enjoying Community Park and look forward to when the park renovation project is completed.

The Parks and Recreation Department has many projects taking place in the near future including renovations at Mitchell/Moore Park which are scheduled to begin in January or February 2006 with a completion date of August 2006. Weaver Community Park opened in October 2005 and Avondale Park opened in December 2005. The two new parks have many amenities which I encourage you to bring your family out and enjoy. The Community Park Pool construction has started with a projected completion date of December 2006. As you receive this magazine the Parks and Recreation Department is planning a grand opening ceremony for the E. Pat Larkins Community Center located at 520 Martin Luther King, Jr., Boulevard. The new Community Center consists of meeting rooms, auditorium/banquet facility and full service kitchen. As you can see our future is bright in Pompano Beach and the Parks and Recreation Department remains committed to providing you with outstanding programs and facilities.

The Parks and Recreation Department will host a number of special events during the Winter/Spring season such as the Nautical Flea Market, Winter Concert Series, Showtime at the Skolnick Concert Series, MLK Events and Spring Fling. I would like to encourage you and your family to join us for one or more of our special events. Please see the Calendar of Events page for dates, times and locations of our special events.

If you have any questions or suggestions regarding the programs and activities we offer, please call me at 954-786-4191.

Sincerely,



Tim Tracey  
Parks and Recreation Director



#### Parks and Recreation

1801 Northeast 6 Street  
Pompano Beach, FL 33060  
(954) 786-4111  
Fax (954) 786-4113

#### Administrative Staff

**Timothy T. Tracey** - Director  
**Mark Beaudreau** - Aquatics  
**Carol Foland** - Programs  
**Joyce Jackson** - Programs/Events  
**Nick Likourgou** - Facilities

#### Advisory Board

**Christopher Mullan** - Chairman  
**James Santomassimo** - Vice Chairman  
**Ted Alfien** - Member  
**Sam Sworn** - Member  
**Doug Teuton** - Member

#### General Information

##### Refund Policy For All Programs

Full refunds will only be made for programs/classes cancelled by the Parks and Recreation Department. If you request a refund due to a personal reason, a \$15 refund service fee will be deducted from the program/class fee paid. Registration and application fees are non-refundable.

##### Registration Fees

A registration fee is charged for all adult programs held at all Centers.

Residents \$5.00 per class

Non-residents \$10.00 per class.

##### Disclaimer

All classes, programs, dates and fees shown in this brochure are subject to change.

In compliance with the Americans with Disabilities Act of 1990, the City of Pompano Beach Parks & Recreation Department will make all reasonable efforts to accommodate persons with disabilities at their functions and programs.



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#### Important Numbers

<b>Aquatic Center</b>	<b>(closed due to construction)</b>
<b>Athletics</b> .....	<b>954-786-4119</b>
<b>Beach Conditions</b> .....	<b>954-786-4005</b>
<b>Emma Lou Olson Civic Center</b> .....	<b>954-786-4111</b>
<b>Golf Professional</b> .....	<b>954-781-0426</b>
<b>Golf Course</b> .....	<b>954-786-4142</b>
<b>Herb Skolnick Community Center</b> .....	<b>954-786-4590</b>
<b>Mitchell/Moore Center</b> .....	<b>954-786-4131</b>
<b>Mitchell/Moore Pool</b> .....	<b>954-786-4116</b>
<b>North Broward Park</b> .....	<b>954-786-4090</b>
<b>Pompano Highlands Park</b> .....	<b>954-363-3313</b>
<b>Preschool</b> .....	<b>954-786-4180</b>
<b>R.E. McNair Center</b> .....	<b>954-974-7394</b>
<b>Sand &amp; Spurs Stables</b> .....	<b>954-786-4133</b>
<b>Tennis Center</b> .....	<b>954-786-4115</b>
<b>E. Pat Larkins Community Center</b> .....	<b>954-786-4585</b>



# NORTH BROWARD PARK

4400 N.E. 18 Ave., Telephone 954-786-4090

Hours of Operation: Monday - Saturday, 9 a.m. - 9 p.m.; Sunday, 9:00 a.m.-6:00 p.m.

North Broward Park consists of 20.4 acres. The following facilities are available at the Park: Baseball Fields, Basketball Courts, Building Rental (75 capacity), Football Field, Picnicking, Playground, Large Open Field and Volleyball Court. To make arrangements to use the various amenities call Sidney Kittila at 954-786-4090.

## ATHLETIC LEAGUES

North Pompano Beach Little League Baseball - 954-783-7083 (Sharon Walker)

Pompano Tigers Football - 954-772-9047 (Millie Lleras)



## TINY TOTS

Children Ages 2-5 years old and their parents. The program is every Wed., 10:30-11:30 a.m. Fees: \$3/child. For more info. call 954-786-4090.

## START SMART - SOCCER

Ages 3-5 Registration begins Jan. 16, 2006 thru Feb. 17, 2006. Registration fees are \$35/Resident; \$70/Non-res. This is a specially designed program for children and their parents. Children learn the fundamentals of soccer in a non-competitive, fun and safe environment. Parent participation is mandatory. This is a 6 week program which starts Feb. 22 and is held every Wed. from 6-7 p.m. Class sizes are limited so don't miss out! For more info. call 954-786-4090.



## START SMART - T-BALL

Ages 3-5 Registration begins Mar. 6, 2006 thru Apr. 7, 2006. Registration fees are \$35/Resident; \$70/Non-res. This is a specially designed program for children and their parents. Children learn the fundamentals of T-Ball in a non-competitive, fun and safe environment. Parent participation is mandatory. This is a 6 week program which starts Apr. 12 and is held every Wed. from 6-7 p.m. Class sizes are limited so don't wait! For more info. call 954-786-4090.

## ADULT CO-ED KICKBALL LEAGUE

Ages 18 and older. Each team must consist of 10-15 players. (Must have 4 women present to play any game). League consists of a 10 game season plus playoffs. Registration begins Jan. 3, 2006 thru Feb. 3, 2006. Season begins Feb. 16, 2006. Fees: \$150.00 per team plus a \$10.00 registration fee. League size is limited so get your sneakers and let's play! For more info. call 954-786-4090.

## KENPO KARATE

Ages 6-older; including Adults. Classes are ongoing and are held on Tue. & Thur. 6-7 p.m.; Fees: Monthly \$35/Residents; \$40/Non-res.. There is also a yearly registration fee for adults \$5/Residents; \$10/Non-res.. Instructor Mike Allen is a Ninth-Degree Black belt, five time Florida State Champion and Ranked number two in the world. For more info. call 954-786-4090.



## AFTER SCHOOL PROGRAM

Mon. - Fri. 2-5:30 p.m.; Ages 6-14; Fee \$ 80/month plus a one-time non-refundable \$10 registration fee. Extended hours during school holidays and teacher planning days. Extended hour fees: \$20 - full day; \$12 - half day. Program includes a planned schedule, offering time for homework, recreational activities, arts and crafts and other enrichment activities. For more info. call 954-786-4090.

## DOG OBEDIENCE CLASSES

Classes are held on Wed., 6:30-7:30 p.m. \$75/Residents; \$80/Non-res., plus a \$5 registration fee/Residents & \$10/Non-res. Classes are six week sessions and are ongoing. Each class is limited to the first 10 people that register. These classes are a fun and interactive way to teach owners how to train their dogs to act properly and obey their commands. Dogs can be as young as 4 months old, depending on the breed and they must be up to date with all of their shots. For more info. and next registration date call 954-786-4090.



## 200 MILE CLUB

This is a walk, jog and /or run Club for Adults. All you have to do is walk, jog, or run at your own leisure during park hours 9 a.m.-9 p.m. You must log in each time before you start at the North Broward Park office. Staff will help you keep track of your distance. Each Club member will have an individual log sheet to calculate his or her daily and weekly progress. You will have 6 months to chart your 200 miles. If you complete the 200 miles within the designated time frame, you will receive a North Broward Park 200-Mile Club T-Shirt. Registration is ongoing. Fees: \$2/Residents; \$3.00 Non/res. There is also a yearly registration fee of \$5/Residents; \$10.00 Non/res. Gatorade/Power Bars will be provided for Club members Mon.-Fri. between 9-11 a.m. and then again from 4-6 p.m. For more info. call Greg Cartotto at 954-786-4090.

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Hours of Operation: Monday - Thursday, 9 a.m. - 9 p.m.; Friday & Saturday, 9 a.m. - 6 p.m.; Closed on Sunday;

Pompano Beach Highlands Park and Recreation Center consists of 3.3 acres.

Park Facilities: basketball, multipurpose field, picnicking, playground, small shelter, and volleyball. The Center is the perfect location for meetings and special events as well as classes and private parties.

Space is available on a first-come, first-serve basis and can be reserved by calling Scott Moore at 954-363-3313.

## TINY TOTS

Interactive arts and crafts, supervised playtime, and field trips for children ages 2-5 and their parents. Classes will meet Tue. and Thur. 10:30 am-11:30 pm. Residents: \$3/class or \$25 for 10 classes, Non-res.: \$3.50/class or \$30 for 10 classes. Call Pompano Beach Highlands Park for more info. (954) 363-3313.

## CHILDREN'S ALL SPORTS CLASSES

This 8 week program is an exciting and unique way that provides children ages 3-5 with a way to improve and enhance their fitness level in a non-competitive, safe environment. Basic skills of various sports include: T-ball, soccer, hockey, kickball, tennis, basketball, and more. Call Pompano Beach Highlands Park for more info. on upcoming classes at (954) 363-3313. \$64 for residents; \$84 for non-res.



## AFTER SCHOOL PROGRAM

Ages 6 and up; 2-5:30 pm; Mon.-Fri. with extended hours during school holidays and teacher planning days. Program includes planned schedule, time for homework, recreational activities, field trips, arts and crafts and other enrichment activities. Program cost: \$80 per month plus a one time \$10 registration fee. Call Pompano Beach Highlands Park for more info (954) 363-3313.

## START SMART T-BALL

Ages 3-5. Registration begins Mar. 6. Classes begin in Apr. Reg. fee: \$35/resident; \$70/non-res. This is a specially designed program for children and their parents. Children learn the fundamentals of t-ball in a non-competitive, fun, and safe environment. Parent participation is mandatory. This one-hour 6-week class is held once a week on Wed. nights, 6-7 p.m. Class sizes are limited so don't miss out on this very popular program. Call Pompano Beach Highlands Park for more info. at (954) 363-3313.



## START SMART SOCCER

Ages 3-5. Registration begins Jan. 9. Classes begin in Feb. Registration fee: \$35/resident; \$70/non-res. This is a specially designed program for children and their parents. Children learn the fundamentals of soccer in a non-competitive, fun, and safe environment. Parent participation is mandatory. This one-hour 6-week class is held once a week on Wed. nights, 6-7 pm. Class sizes are limited so don't miss out on this very popular program. Call Pompano Beach Highlands Park for more info (954) 363-3313.



## RED CROSS BABYSITTER TRAINING COURSE

The Babysitter's training course from the Red Cross will teach 12-15 year olds everything they will need to be a great babysitter. Learn how to perform first aid and get professional medical help fast, identify common safety hazards and prevent injuries, and supervise infants through school. This class combines video, activities, hands-on skills training and discussion for the most complete learning experience. Call Pompano Beach Highlands Park for more info. on upcoming classes at 954-363-3313.

## C.P.R. FOR ADULTS, CHILD, INFANT FIRST AID, AED TRAINING

For info. on upcoming classes call 954-363-3313.



## SUMMER CAMP PROGRAM

Ages 6-14. Mon.-Fri. 7:30 am-5:30 pm. Child must be 6 years old and completed kindergarten at time of registration. Reg. begins May 1, 2006. Call P.B. Highlands Park for more info. (954) 363-3313.

## GOJU KARATE

Mon. & Thur. Children ages 5-12; 6:30 pm-7:30 pm; \$5/class or \$30/month. Ages 13 & up; 7:30 pm-8:30 pm. \$6/class or \$35/month. Yearly registration fee for adults 18+years old \$5 residents; \$10 non-res. For more info. call instructor Matt Weaver at 954-471-7641.

## CUB/BOY SCOUT SPECIAL NEEDS TROOP #250

This group is for any boy ages 6-18 that has special needs, whether physical, mental developmental or learning challenged. Troop meets Sat. at 9:30 am. The troop requires 1 caring adult to participate with the scout. Call Pompano Beach Highlands Park for more info. (954) 363-3313.

## CHEERLEADING

This program is for children ages 5-8 & 9 & up. Children will learn cheer and dance routines incorporating cheers, stunts, chants, and tumbling. All participants must wear red shorts; cheer t-shirt (\$10) and sneakers. Cost \$35/month; Call Pompano Beach Highlands Park for dates and times. (954) 363-3313.

## PARENT'S NIGHT OUT

Parents go out and have fun and leave the babysitting to us! On Fri. evenings throughout the year, we offer games, activities, movies, craft projects, pizza and refreshments. Ages 3-13 (must be potty trained) cost is \$12/child, time 6-10 pm. Program size is limited, so register early! Registration starts 1 month prior to night out. Call Pompano Beach Highlands Park for more info. (954) 363-3313.

## FINE ARTS

Classes in oil, acrylic, and all media fine art with instructor Gloria Stegman. Tue. (Nov, Dec. & Jan) 10 am-1 pm; \$18/class. Fri. (year round) 10am-1pm; \$18/class. Call Pompano Beach Highlands Park for more info. (954) 363-3313.



## ORGANIZATIONAL MEETINGS AT THE HIGHLANDS

Bass Masters	2nd Wed. of month	7:30-9 pm
Health Alliance	4th Wed. of month	7:30-9 pm
Pompano Civic Association	1st Thur. of month	7:30-9 pm
Neighborhood Crime Watch	Last Thur. of month	7:30-9 pm
Loch Lomond	2nd Thur. of Month	7:30-9 pm
Family Central	Monthly	6:00-8 pm

## Advertisement

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Jazzercise blends aerobics, yoga, Pilates and kickboxing movements, into fun dance routines set to fresh music. All fitness levels are welcome.

#### Each 60-minute class includes:

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1801 NE 6 St., Amphitheater Telephone: 954-946-2402, Fantasma Telephone: 561-832-6397  
Business Hours: Monday, Wednesday, Friday Noon - 5:30 p.m.

The Pompano Beach Amphitheater has become an entertainment jewel of Pompano Beach. It has been selected as one of the best outdoor venues in Broward County. With a seating capacity for 2,500 people, it offers a large yet intimate atmosphere.

If you haven't been to a concert at the Pompano Beach Amphitheater, you're missing out on one of the best-kept secrets. The open-air environment provides one of the most enjoyable evenings you will experience. Under the stars and moonlit sky, you will thoroughly enjoy the great entertainment offered in the Amphitheater. For upcoming concerts please call the Amphitheater Box Office at 954-946-2402 or visit Fantasma's web site at [www.Fantasma.com](http://www.Fantasma.com).



## ATHLETICS

1401 NE 4th Street, Building A., Telephone 954-786-4119

Business Hours: Monday - Friday 9 a.m. - 6 p.m.

### ADULT SOFTBALL

**MEN'S REC III (18+)** - Wed. nights. Ideal for competitive teams who have been together for two years or more, looking to have fun in a competitive atmosphere. Standings, scores, awards and playoffs included. Minimum 12-game season; to begin in Jan. \$350/team.

**MEN'S REC IV-A (18+)** - Mon. Nights. Ideal for semi-competitive teams whom have been together for one year or more, looking to have fun in a semi-competitive atmosphere. Standings, scores, awards & playoffs incl. Min. 12-game season; begins in Jan. \$350/team.

**MEN'S REC IV-B (18+)** - Mon. nights. Ideal for first-time teams where having fun is the main objective. Standings, scores, awards and playoffs included. Minimum 12-game season. \$350/team.

**MEN'S REC IV-B (18+)** - Tue. Nights. Ideal for first time teams where fun is the main objective. This is an entry level league ideal for first time teams. Minimum 12-game season; to begin in June. \$350/team.

**SENIOR SOFTBALL** - Sunshine Senior Softball League. Men ages 50 & over. Games are played on Tue. and Thur. for 50 and over. 65 and over play Mon. and Wed. 40-game season. Games start at 9 a.m. and are officially umpired. Includes playoffs.

**ADULT COED - ON FRI. NIGHTS- NON-COMPETITIVE DIVISION** - Male/female softball is a no home run division ideal for first-time teams where having fun is the primary objective. No standings, awards or playoffs. For more info. call 954-786-4119. \$300/team.

### GIRLS INSTRUCTIONAL SOFTBALL

Ages 8-10. Registration fee: \$35/residents; \$70/non-res. Registration begins Feb. 1 while program begins in Mar. This program teaches the fundamentals of softball in a non-competitive environment.

### GIRLS IN HOUSE SOFTBALL

Ages 11-14. Registration fee: \$35/residents; \$70/non-res. Registration begins Feb. 1. Program begins in Mar. This program expands on the fundamentals of softball.

### Summer Fun N Fitness Camp

Ages 9-14. Mon-Fri 7:30 am-5:30 pm. June 4-July 27. Reg. will begin at the Civic Center starting May 1. Fee: \$75/week plus a one time only \$15 non-refundable reg. fee. Program may include: softball, baseball, flag football, basketball and tennis. Supervised activities. Participants also attend weekly field trips for an add. fee.

### KIDOKINETICS

Ages 3-5 years old. This program is an exciting and unique way for young children to improve and enhance their fitness. Basic skills of various sports: T-Ball, Soccer, Hockey, Kickball, Tennis, Basketball and more. Next session scheduled to begin for 8 weeks from Jan.26-Mar.23. Costs are \$64 for residents and \$84 for non res. Classes are held at the Pompano Community Park Inline Hockey Rink and are on Thur. from 5:15-6 pm. Please call 954-786-4119 for more info.

### T BALL

Ages 5-6 and 7-8. Registration fee: \$35/residents; \$70/non-res. Registration begins Mar. 1. Program starts in Apr. This program emphasizes the fundamentals of baseball in a fun and safe environment.



### START SMART T BALL

Ages 3-5. Registration Fee: \$35/residents; \$70/non-res. Reg. begins Mar. 2. Program begins in Apr. This specifically designed program for youngsters and their parents that teach children the basics of baseball. Parent participation is mandatory. Don't miss out on this very popular program. Two classes available: Mon. or Wed., from 5:45-6:45 held at 4 Fields Complex. Class sizes are limited so register early on Mar.2.

Advertisement

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# HERB SKOLNICK COMMUNITY CENTER

800 SW 36th Ave., Telephone: 954-786-4590

Business Hours: Monday - Thursday 9 a.m. - 9 p.m., Friday 9 a.m. - 5 p.m., Saturday 8 a.m. - 4 p.m.

The Herb Skolnick Community Center is located in Southwest Pompano. The 13,400 square foot facility includes an auditorium/ banquet hall with a stage, four meeting rooms, office space, and a warming kitchen.

It is the perfect location for meetings and special events as well as classes and private parties.

Space is available on a first-come, first-served basis and can be reserved by calling Donna Lackey at 954-786-4590.

Following is a list of activities at the Herb Skolnick Community Center.



## YOGA

Stress Reduction Yoga. Emphasis on breathing and movement of the body in order to erase pain, increase energy, and gain peace of mind. Try the first class free!!! Class Fee: \$60 for 6 sessions or \$12/session. Tues., 11 a.m.-12:30 p.m. and Thur. 7-8:30 p.m. For more info. call 954-786-4590.

## COMPUTERS

Class Fees: \$80 - 4 classes. This course is designed to guide you through the proper use and understanding of your personal computer (not for McIntosh users) so that you can enjoy the full benefit of your computer's potential. For starting dates please call Pete Colelli at 954-943-3177.



## ETHNE CHESTERMAN

A lecture series on World Affairs presented by Ethne Chesterman. Every Wed. from 1:30-3 p.m. starting Nov. 9. \$5/lecture. For more info. call 954-786-4590.

## SCRABBLE & MORE

Mon. afternoons 12-4 p.m. Registration Fee: \$5/Residents, \$10/Non-Res. Join us for a fun afternoon of playing scrabble and other board games.



## SPANISH

All classes are for 6 weeks; 7-9 p.m.; Costs: \$48 for six classes. For more info. regarding any of the Spanish Classes listed below please call Instructor George Cuolahan at 954-977-3040. For dates please call 954-786-4590.

### Beginners

For those with minimal or no Spanish language ability. Gives immediate ability to speak phrases and ask questions. Textbook: Spanish in 10 Minutes a Day.

### Intermediate

Class instruction continues on from beginners. Includes grammar structure. Textbook: Spanish in 10 Minutes a Day.

### Advanced I

For those who have previous Spanish schooling. Combines conversation, grammar and writing. Textbook: Madrigal Magic Key to Spanish.

### Advanced II

Spanish Immersion Course for perfecting your oral skills.

## LECTURES BY GLORIA SHAPIRO

Every third Mon. of the month at 1 p.m. Lecture Dates: Jan. 16, Feb. 20, and Mar. 20. \$5/lecture. For more info. and lecture topics call 954-786-4590.

## PIANO/KEYBOARD INSTRUCTION

Class Fee: \$45 for six weeks.

Classes held on Mon.

Beginners: 9-10 a.m.

Intermediate: 10:15-11:15 a.m.

Advanced: 11:30 a.m.-12:30 p.m.

You will be able to play songs after the very first class! For more info. please call Golda Levitan at 954-956-9228.



## AARP DRIVER SAFETY PROGRAM

The last Tue. and Wed. of every month from 1-5 p.m. Early reservations are required. To make a reservation call 954-974-2272 Mon.-Fri. between 9 a.m.-5 p.m.

## WATERCOLOR

Sat. 1-3 p.m. \$15/class. For more info., call Henriette Arnold, Instructor at 954-920-4574.



## A WRITERS' CRITIQUE GROUP

"Helping one another towards publication". For seasoned or first-time writers. \$55/5 sessions or \$20/session. For more info. call Marjory Lyons Krauss, Instructor at 954-970-9333.

## LINE DANCING

Tue. 2-3:30 p.m. \$5/class. For more info. please call Golda Levitan at 954-956-9228.



## A LECTURE SERIES BY MYRNA GOLDBERGER

Call 954-786-4590 for lecture dates and times.



## PHOTOGRAPHY

Class Fees: \$45 for an 8-week course. Designed with the fundamentals of photography in mind. A 35 mm SLR camera with interchangeable lens capabilities and manual function is required. No point and shoot cameras. For starting dates please call Instructor, Pete Colelli at 954-943-3177.

## CITY PARKS

### **APOLLO PARK** - 240 NW 16 Ave.

This 4.4 acre park may be small in size, but it is big in amenities. There are two lighted basketball courts, two handball courts, two picnic shelters, playground, two tennis courts, a walking path and restrooms. Named after the Apollo Space Mission, a part of that space shuttle is on display at the park.

### **CRESTHAVEN PARK** - 1320 NE 27 Ct.

This 1.47 acre park may be small but its facilities are many. You will find grills, horseshoes, picnicking, playground and a volleyball court for your enjoyment.

### **EXCHANGE CLUB PARK** - 2800 NE 24 St.

A peaceful 7.7 acres on the Intracoastal Waterway is the setting for this park with a picnic area, restrooms, playground and walking trail.

### **FAIRVIEW PARK** - 801 SW 8 St.

This one-acre park offers a lovely shaded picnic area, restrooms, a tots playground, basketball courts and an open area for soccer or field sports.

### **FOUNDERS PARK** - 316 NE 3rd St.

This 1.6 acre park offers Bocci Ball and Tennis Courts, restrooms, playground and is the home of the Pompano Beach Historical Society. Two "Kester Cottages," built in the 1930s, are featured at this location. One is furnished as the cottages were in the '30s and the other is a museum containing historical memorabilia. The park houses the first Pompano Fire Station, built in 1926, and renovated by the firemen of the 5555 Society. The station hosts the first city fire truck, a 1926 American La France, restored by the firemen and purchased with the help of the Pompano Beach Historical Society. There is a second fire truck, a 1948 American La France. This park is also home to the Dick and Miriam Hood Center built as a meeting place for the Historical Society in 1995. Call 954-782-3015; 954-941-1103 or 954-946-8857 for information.

### **HARBOR'S EDGE PARK** - 1210 NE 28 Ave.

A beautiful park nestled in a cozy community offering a playground and par course in addition to an open picnic area. There are no cooking facilities.

### **KESTER PARK** - 801 NE 4 St.

Kester's 8.4 acres features baseball fields and a football/soccer field with concession stand, picnic pavilion area, playground, restrooms and sand volleyball court. Reservations for pavilion use are suggested but not required.

### **MITCHELL/MOORE PARK** - 901 NW 10 St.

Mitchell/Moore Park is located adjacent to Blanche Ely High School. This 16.1 acre park offers five lighted basketball courts, football/soccer fields, picnic pavilion, restrooms and pool, four lighted tennis courts, handball/racquetball and volleyball courts.

#### **PAVILION RENTALS**

Park and Beach Pavilions are available on a first-come, first-served basis; however, reservations may be made to accommodate special needs or events. There is a \$25 non-refundable application fee, \$50 trash deposit (refundable) and hourly rental fee. For more information call 954-786-4111.

### **NORTH BROWARD PARK** - 4400 NE 18 Ave.

This 20.4 acre park offers baseball, basketball, facility for room rentals (200 capacity), dock/lake, football, picnicking, playground, soccer, softball and volleyball.

### **RONALD E. McNAIR PARK** - 951 NW 27 Ave.

Although small in size, this park is one of the most utilized in Pompano Beach. Its 6.4 acres offers two lighted basketball courts, lighted baseball/softball fields and football/soccer fields, picnic pavilion and restrooms.

### **McNAB PARK** - 2250 E. Atlantic Blvd.

McNab Shuffleboard Center is located on the northern half of McNab Park. The Park offers some of the finest shuffleboard courts in the area, as well as tennis, racquetball and basketball courts, restrooms and children's playground.

### **NORWOOD PINES PARK** - 570 South Cypress Rd.

This 4.7 acre park has a picnic/pavilion, children's playground, restrooms, two handball courts, two tennis courts and a walking trail.

### **POMPAÑO COMMUNITY PARK** - 2001 NE 10 St.

This is the City's largest park, with 43.5 acres of picnic and playground areas, two basketball courts, baseball and softball fields, picnic shelters, restrooms, barbecue grills, children's playground equipment, the City's Aquatic Center, Amphitheater, Tennis Center, Municipal Baseball Stadium, volleyball courts, a 4.2 mile bike path, exercise course and a 1.25 mile walking/jogging trail.

### **POMPAÑO BEACH HIGHLANDS PARK** - 1650 NE 50 Ct.

This 3.3 acre park offers basketball, a Community Center with rental space, multipurpose field, picnicking, playground, small shelter and volleyball.

### **SANDSPUR PARK** - 4231 NE 15 Ave.

This 1.84 acre park offers picnicking and playground facilities.

### **WEAVER COMMUNITY PARK**

The City's newest park consist of 11 acres with the following amenities: two pavilions (north/south), many other picnic areas throughout the park (uncovered), 2 playgrounds (north/south), basketball courts (south), restrooms (north/south), a .97 mile walking, jogging, exercise trail (mileage to be provided).

#### **PASSIVE PARKS**

When the hustle and bustle of a busy day has you wanting a place to sit and watch the boats go by, the following parks are for you.

#### **INDIAN MOUND PARK**

1232 Hibiscus Avenue

#### **LAKE SANTA BARBARA PARK**

2290 SE 7 Street

#### **NORTHEAST 16 STREET PARK**

NE 16 Street & Intracoastal

#### **OFFICER SCOTT A. WINTERS MEMORIAL PARK** 1199

N. Riverside Drive

#### **SE 13 STREET PARK**

2596 SE 13 Street

All City Parks are open daylight to dusk seven days a week.

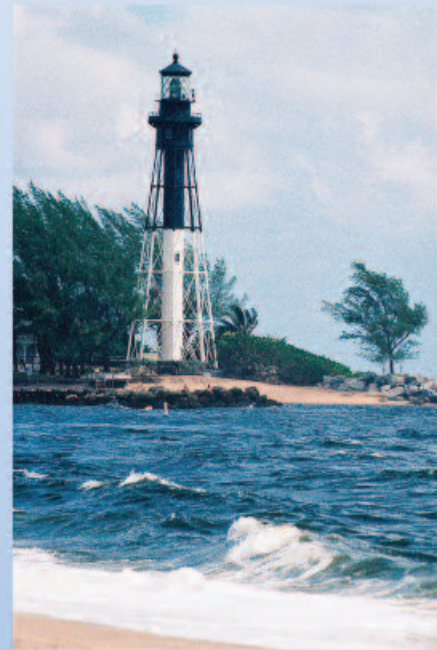




The Hillsboro Lighthouse will be open to the public? The Hillsboro Lighthouse is usually open just four times a year through the joint effort of the U.S. Coast Guard and Hillsboro Lighthouse Preservation Society. Your 2006 tour opportunity to climb the tower and enjoy the grounds will be February 4, May 6, August 19 and November 11. During tours, iced tea and other beverages are available adjacent to the lighthouse tower, courtesy of the Hillsboro Club. The chairs and tent are also provided by the Hillsboro Club.

The lighthouse structure is an octagonal, pyramidal, iron skeleton tower with a central stair cylinder designed by the Lighthouse Engineers in Charleston, S.C. prior to 1905. It was fabricated by Russell Wheel & Foundry of Detroit, assembled there, disassembled, and shipped by steamer to South Florida. The builder of the structures here in 1906-07 was J. H. Gardiner of New Orleans. The tower height from the ground to the top of lantern, is 142 feet. The total number of steps to the lantern room is 175. The light was first lit in March, 1907. It has the original second order bivalve (clamshell) Fresnel lens by Barbier, Benard, & Turenne, Paris (1904). Note the new entry walkway with railing to new steel steps outside the struts and legs. In 2004 the ground was lowered to the original level, 18 inches below the struts. The tower area is now covered with gravel. A curved slate-veneered wall constructed on the ocean side of the tower is to prevent the beach sand from drifting into the tower's legs and decaying more of the struts again. A memorial plaque, "Beaver", is for a Coast Guard mascot dog that faithfully served for 15 years at this lighthouse station from 1958 to 1973.

The Hillsboro Lighthouse Preservation Society was founded in 1997 for the purpose of preserving the historic Hillsboro Light in its original form for the safety, enjoyment and education of the public. For more information call 954-942-2102 or log on to [www.HillsboroLighthouse.org](http://www.HillsboroLighthouse.org)



The City of Pompano Beach will celebrate its centennial anniversary in 2008?

In 1908, when most of South Florida was little removed from wilderness, the residents of the small settlement named Pompano voted to incorporate. Originally in Dade County, the following year it became the southernmost municipality in Palm Beach when that county was established. Seven years later it became one of three incorporated towns in the newly-created Broward County.

Pompano was first and foremost a farming community; its rich soil and hardy pioneers insuring economic growth and fame for its beans and peppers. A business district grew alongside the Florida East Coast tracks. During the harvest, its streets were clogged with farmers and brokers, intent on selling, packing and shipping the winter vegetables to northern markets.

Following the Second World War, tourism became an important economic force in the area, and in 1947 Pompano merged with the beach area to become Pompano Beach.

Pompano Beach's history is a fascinating story of people who came to an often-times inhospitable region and carved out a city. It is the story of farmers and bankers, fishermen and housewives, Olympic medalists and television stars, teachers and tourists. From this diversity has become today's Pompano Beach.

The birthday party is coming and a committee has been formed to plan and stage the city's centennial celebration. Every resident of Pompano Beach is invited to participate in this landmark occasion. Historical photographs and stories are needed to complete the history. Volunteers are needed to make the 100th Anniversary Centennial Celebration a success. Whatever your interests, there is a place for you on Pompano Beach's Centennial Celebration Committee.

To volunteer or for further information, contact the Pompano Beach Historical Society at 954 872-3015 or [century@pompanohistory.com](mailto:century@pompanohistory.com).

